

**POLICY**

It is the policy of the Michigan Department of Human Services Bureau of Juvenile Justice (BJJ) to provide evidence-based, outcome-driven treatment programs and services designed to ensure the successful performance of the youths in placement and upon reentry into the community.

**PURPOSE**

This policy ensures that facilities and programs implement evidence-based treatment programs to effectively address the needs of youth with emotional and behavioral problems.

**DEFINITIONS**

See JRG, JJ Residential Glossary.

**RESPONSIBLE  
STAFF**

Designated in the facility standard operating procedure.

**PROCEDURE**

Each facility is required to develop and implement standard operating procedures (SOPs) pertaining to the implementation of evidence-based treatment approaches for the rehabilitation of youth. At a minimum, these SOPs must contain the following requirements:

**Facility/Center  
Director or  
Designee  
Responsibilities**

Facility/center director or designee has the ultimate responsibility for ensuring the utilization of evidence-based theory and methods to guide treatment approaches. The facility/center director or designee ensures that:

- Evidence-based, outcomes-driven treatment approaches being utilized are specifically identified and documented.
- The size of the youth population, the nature of the youth population (risk level, types of offenses, gender, etc.), the average length of stay for youth, the number of available staff and volunteers, and the available resources are considered.

- All staff working directly or indirectly with youths are knowledgeable as to the treatment programs available to youths at their site and can articulate the key elements of the programs.
- Daily programming supports treatment methods through the provision of structured therapeutic activities.

**Basic  
Components of  
Evidence-  
Based,  
Outcomes-  
Driven  
Treatment  
Approaches**

Treatment approaches include:

- Structured, intense activities for changing specific behaviors.
- Modification techniques aimed at:
  - Reducing risk factors.
  - Addressing criminogenic factors.
  - Addressing negative thinking of youths.
- Cognitive-behavioral therapy/treatment.
- Family members in the treatment and rehabilitation of their children.
- Integrated and multi-modal or multi-component activities.
- Respects the inherent value and potential of every person.

**AUTHORITY**

Social Welfare Act, MCL 400115a(l)(l)